## HOLIDAY OVERSPENDING,



## LIKE THE REST OF 2020, THE HOLIDAYS WILL BE DIFFERENT



Beware of practicing "retail therapy"



It will be tempting to spend as much (or more!) than usual to feel normal



A third of holiday shoppers are still carrying credit card debt from their 2019 gift buying

## THE BEST HOLIDAY GIFT, NO NEW DEBT!

- Like Santa does, make a shopping list and stick to it
- Load a prepaid card with the amount you've budgeted to avoid overspending
- Focus on what you're spending not what you're saving, and don't spend more just to save more

Source: Nerdwallet blog